

# Orton Academy Curriculum Map

## Physical Education



Month	August/ September	October	November	December	January	February	March	April	May
2nd-3rd Grades	PE Intros, Policies, Name Games Locomotors	Locomotors Hand-Eye Coordination Throwing Catching	Body Management, Large Muscle Groups  Kicking/ Striking	Kicking/ Pickleball  Cooperative Games	Hula Hoops Jump Ropes Core Intro	Striking  Baseball, Hockey GAGA intro	Basketball Ball Handling	Cooperative Games  Hula Hoop Comp.	Content Review Stations  Field Day Activities
4th Grade	PE intros, Cooperatives Policies, Routines Locomotors	Locomotors Hand-Eye Coordination Throwing Catching	Body Management, Large Muscle Groups  Kicking/ Striking	Kicking/ Pickleball  Cooperative Games	Hula Hoops Jump Ropes Core Intro	Striking Baseball, Hockey GAGA	Basketball Ball Handling	Cooperative Games  Hula Hoop Comp.	Content Review Stations  Field Day Activities
5th Grade	Pe Intros Rules and Routines  Cooperative Games	Hand-eye Coordination Throwing & Catching	Body Management Large Muscle Groups Soccer/ Hockey	Soccer/ Pickleball  Cooperative Games	Hula Hoop Jump Rope Core Endurance	Striking Baseball Hockey, GAGA	Basketball Ball Handling Tournament	Cooperative Games  Hula Hoop Comp.	Content Review Stations Field Day Activities
6th Grade	Intros and Expectations  Cooperative Games	Hand-eye Coordination Throwing & Catching	Body Management Large Muscle Groups	Soccer/ Pickleball	Hula Hoop Jump Rope Core endurance	Striking Baseball Hockey and Badminton	Basketball Ball Handling  Tournament	Cooperative Games	Content Review Stations

			Soccer/ Hockey	Cooperative Games				Intro to Strength Training	Field Day Activities
7th Grade	Intros and Expectations  Cooperative Games	Hand-eye Coordination Throwing & Catching	Body Management Large Muscle Groups  Soccer/ Hockey	Soccer  Cooperative Games	Hula Hoop Jump Rope and Core Endurance	Striking Baseball Hockey and Badminton	Basketball Ball Handling  Tournament	Cooperative Games  Intro to Strength Training	Content Review Stations  Field Day Activities
8th Grade	Intros and Expectations  Cooperative Games	Hand-eye Coordination Throwing & Catching	Body Management Large Muscle Groups  Soccer/ Hockey	Soccer  Cooperative Games	Hula hoop Jump Rope and Core Endurance	Striking Baseball Hockey and Badminton	Basketball Ball Handling  Tournament	Cooperative Games  Intro to Strength Training	Content Review Stations  Field Day Activities